

Hamptons Sports & Leisure
Tydemans
Chelmsford, Essex
CM2 9FH
hamptonssl.co.uk



Hamptons Sports & Leisure

After School Mini Tennis

Location: Perryfield Infants School

Hi, I'm Piers Nightingale, Head Coach of the Junior Section at Hamptons Sports & Leisure. As a LTA Licensed Coach, and RPT European Pro I am running and developing Hamptons Sports & Leisure Junior coaching programme. The first stage of our club programme is the afterschool tennis club sessions that are running in a number of local primary schools. The Hamptons S&L School Link is an initiative set up to give children the chance to experience the sport. With clear development paths through into the coaching programme that runs at Hamptons S&L.

The idea is to start children playing tennis at School indoors with short racquets and soft balls. Within lessons we aid and develop children's racket and ball skills, hand-eye co-ordination, balance, movement and stroke techniques and most of all have lots of FUN.

This course is the first stage of a progressive coaching programme run by Hamptons S&L, which takes children from mini tennis to full court tennis.

This course will run at your School for 10 Sessions on Tuesdays at 15:15 starting on September 26th. The other dates for your diary are: October 3rd, 10th, 17th, 31st, November 7th, 14th, 21st, 28th, December 5th. The cost of the course is £35, payable in advance, either as a cheque made payable to 'Piers Nightingale', cash or childcare vouchers. Please fill in the booking form and hand in with payment to the School Office.

Your coach for this course will be:

Piers Nightingale, LTA Licensed Coach, RPT European Pro Coach

For those who wish to play more tennis, we also run mini and junior coaching sessions mid-week and Saturdays at Hamptons S&L, all progressing to full court tennis, please see the coaching structure and contact me for any further details.

Membership is included within coaching fees at Hamptons S&L

Contact Details:

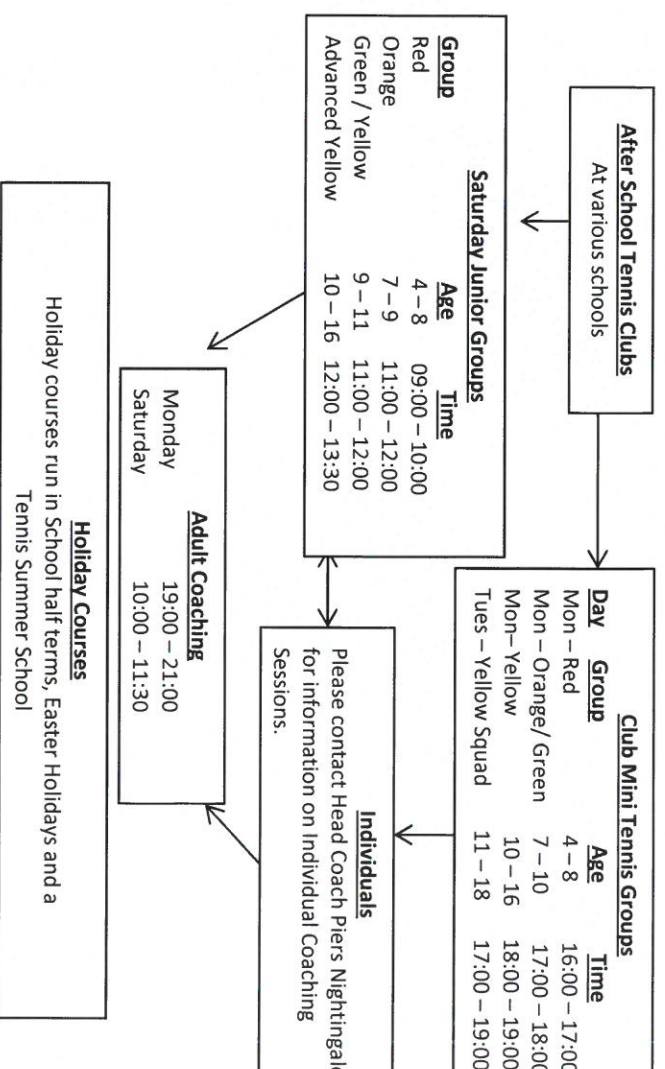
Piers Nightingale, Junior Head Coach

Tel: 07795 384027,

E-mail: piersnightingale@hotmail.com



Hamptons S&L Coaching Structure



Places are limited so please book early to avoid disappointment.

(Perryfield Infant) School Mini Tennis Booking Form (Sep 2017)

Childs Name:.....Date of Birth:.....

Class:.....Left/Right Handed:.....

Address:.....

Post Code:.....Tel No:.....

E-mail:.....

Medical Conditions:.....

Parents/Guardians Name:.....

Who will pick up your Son/ Daughter at 16:15.....

Signed:.....Date:.....

Please complete booking form and hand with payment £35, Cash/cheque payable to Piers Nightingale