

Menu Spring Term 2018 starting w/c 1st January 2018

Week: One

	Monday	Tuesday	Wednesday	Thursday	Friday
Main course	Meat Pasta with a choice of sauces: Tomato & Basil (V), Tomato & Pepperoni, Cheesy Sauce (V)	Fishwich – Fillet of Fish in a crispy crumb served with shredded lettuce & mayo in a brioche bun.	Local Butcher's Roast Chicken with Yorkshire pudding and Gravy	Homemade Beef Lasagne	Oven Baked Crispy Chicken Breast Chunks
	Vegetarian See above vegetarian options	Spicy Bean Burger in a Bun	Roasted Quorn Fillet	Quorn Mince Lasagne	Quorn Dippers
	Jacket Potato with Tuna Mayo or Baked Beans	with Grated Cheese or Baked Beans	with Baked Beans & Side Salad	with Grated Cheese or Baked Beans	with Baked Beans
	Side Dish Fresh Crusty Bread	Oven Baked Edgy Wedges	Roast Potatoes	Garlic Bread	Chips
	Vegetables Salad Bar	Winterslaw and Salad Bar	Fresh Carrots and Broccoli Florets	Salad Bar	Peas/Sweetcorn and Salad Bar
	Dessert Fresh Fruit Platter	Lemon Drizzle Cake	100% Fruit Lolly	Chocolate Brownie with Ice Cream	Apple Eve's Pudding and Custard
	Drinks Water/Milk	Water/Milk	Water/Milk	Water/Milk	Water/Milk
	Extra bread Freshly Baked Wholemeal	Freshly Baked Wholemeal	Freshly Baked Wholemeal	Freshly Baked Wholemeal	Freshly Baked Wholemeal

Week: Two

	Monday	Tuesday	Wednesday	Thursday	Friday
Main course	Meat Chicken Tikka Masala	All Day Breakfast – Sausage, Bacon and Scrambled Eggs)	Local Butcher's Roast Gammon with yorkshire pudding and gravy	Beef Burger in a Bun	Oven Baked Crispy Fillet of Fish in Bubble Crumb Coating
	Vegetarian Potato & Chickpea Curry	Two Vegetarian Sausages and Scrambled Eggs	Golden Vegetable Loaf	Quorn Burger in a Bun	Cheddar Whirls
	Jacket Potato with Baked Beans or Tuna Mayo	with Baked Beans & Side Salad	with Baked Beans	with Grated Cheese or Baked Beans	with Baked Beans or Tuna & Sweetcorn
	Side Dish Rice & Naan Bread	Hash Brown	New Potatoes	Corn on the Cob	Chips
	Vegetables Cucumber Raita	Mushrooms, Baked Tomato & Beans	Fresh Carrots and Cauliflower	Salad Bar	Peas, Beans and Salad Bar
	Dessert Angel Delight	Ice Cream Tubs	Iced Smoothies	Chocolate & Orange Sponge & Choc. Sauce	Fresh Fruit Platter
	Drinks Water/Milk	Water/Milk	Water/Milk	Water/Milk	Water/Milk
	Extra bread Freshly Baked Wholemeal	Freshly Baked Wholemeal	Freshly Baked Wholemeal	Freshly Baked Wholemeal	Freshly Baked Wholemeal

Week: Three

	Monday	Tuesday	Wednesday	Thursday	Friday
Main course	Meat Slice of Pizza with choice of toppings - Cheese and Tomato (v), Pepperoni, or Ham and Pineapple	Southern Crumbed Chicken Fillet	Local Butcher's Roast Pork with yorkshire pudding and gravy	Homemade Sausage Roll	Oven Baked Youngs Omega 3 Fish Fingers
	Vegetarian Cheese and Tomato Pizza	Southern Crumbed Quorn Fillet	Lentil Roast	Homemade Quorn Sausage Roll	Quorn Dippers
	Jacket Potato with Grated Cheese or Baked Beans	with Tuna Mayo or Baked Beans	with Baked Beans & Side Salad	with Baked Beans or Tuna & Sweetcorn	with Baked Beans or Tuna & Sweetcorn
	Side Dish Warm Italian Couscous	Tomato Spaghetti	Roast Potatoes	Mashed Potato	Chips
	Vegetables Salad Bar	Sweetcorn & Salad Bar	Fresh Carrots and Whole Green Beans	Baked Beans or Peas and Salad Bar	Sweetcorn, Peas and Salad Bar
	Dessert Apple Crumble and Custard	Fresh Fruit Pots	Arctic Roll	Watermelon Wedges	Warm Pancakes with Golden Syrup
	Drinks Water/Milk	Water/Milk	Water/Milk	Water/Milk	Water/Milk
	Extra bread Freshly Baked Wholemeal	Freshly Baked Wholemeal	Freshly Baked Wholemeal	Freshly Baked Wholemeal	Freshly Baked Wholemeal

Available everyday: Salad bar (except Wednesday, salad only with a Jacket Potato), Fresh Fruit, Muller Fruit Corner Yoghurt, Wholemeal Bread, Water or Milk.