

# **PERRYFIELDS INFANT SCHOOL**

## **SEX AND RELATIONSHIPS EDUCATION POLICY**



*Helping each other to learn and grow*

### **Introduction**

Sex and relationships education is part of a lifelong learning process of physical, moral and emotional development. The foundations for this learning process need to begin as early as possible to ensure that all children develop high self esteem, the skills of negotiation and problem solving and the ability to form positive and trusting relationships.

Children should learn about their own sexuality and relationships as part of growing up. We need to be aware of the five principles in 'Every Child Matters' when planning work around sex and relationships education

- Being Healthy
- Staying Safe
- Enjoying and achieving
- Making a Positive Contribution
- Economic Well Being

Sex and relationships education has three main elements:

- Attitudes and Values
  - Learning the importance of values, individual conscience and moral considerations
  - Learning the value of family life, marriage and stable and loving relationships for the nurture of children
  - Learning the value of respect, love and care
  - Exploring, considering and understanding moral dilemmas.
- Personal and social Skills
  - learning to manage emotions and relationships confidently and sensitively
  - develop self-respect and empathy for others
  - learning to make informed choices and understanding the consequences of their choices
  - learning to manage relationships with an absence of prejudice
  - managing conflict
- Knowledge and Understanding
  - learning and understanding physical development at the appropriate stage
  - learning and understanding that humans and animals reproduce
  - developing a healthier, safe lifestyle.

*"The Governing Body has agreed that sex education is not formally introduced but is covered, only where appropriate within other curriculum areas."*

Extract from the School Prospectus

### **The Curriculum**

At Perryfields Infant School sex and relationships education is reflected in the values and ethos of the school community and is incorporated into the school curriculum within the subject areas:

PSHE – Personal, social and Health Education (Citizenship)

- *Developing confidence and responsibility and making the most of their abilities*
- *Preparing to play an active role as citizens*
- *Developing a healthy, safer lifestyle*
- *Developing good relationships and respecting the differences between people*

Science – Life processes and living things

- *Life processes*
- *Humans and other animals*

Religious Education

- *Home family and belonging*

Physical Education

- *Knowledge and understanding of fitness and health*

English

- *Speaking and listening, group discussion and interaction*
- *Drama*

Within this curriculum we will answer all children's questions, on an individual basis, as openly and honestly as possible. If a child asks a question or makes a comment that we consider difficult or sensitive to explain we will defer the answer and ask for guidance from a colleague and also from the child's parents. Parents may request that their children are withdrawn from sex education.

Any information given to a child in school will be sensitive to their readiness to understand and assimilate the information. It will also be sensitive to any religious or cultural beliefs that are held by the child's family. As with the whole school curriculum, information will be differentiated to meet the needs of all pupils including children with Special Educational Needs.

To be reviewed Autumn 2012