

Let's see what's for lunch...

Monday

Main Meals

- Sausage & Mash with Gravy
- Vegetarian Sausage with Mash & Gravy **Ve**
- Pasta with Cheese Sauce **V**

Vegetables

- Sweetcorn & Peas **Ve**

Dessert

- Waffles with Berry Compote **V**

Tuesday

Main Meals

- Sweet & Sour Chicken with Steamed Rice
- Sweet & Sour Vegetables with Steamed Rice **Ve**
- Jacket Potato with Baked Beans **Ve**

Vegetables

- Cauliflower & Green Beans **Ve**

Dessert

- Fruit Burst Jelly **Ve**

Wednesday

Main Meals

- Honey Roast Gammon with Roast Potatoes & Gravy
- BBQ Roast Sweet Potato & Bean Loaf with Roast Potatoes & Gravy **Ve**
- Wholegrain Pasta with Tomato Sauce **Ve**

Vegetables

- Seasonal Greens & Carrots **Ve**

Dessert

- Apple & Oaty Topped Crumble **Ve**

Thursday

Main Meals

- Beef Bolognese with Spaghetti
- Vegan Bolognese with Spaghetti **Ve**
- Jacket Potato with Cheese **V**

Vegetables

- Broccoli & Sweetcorn **Ve**

Dessert

- Chocolate & Beetroot Brownie **V**

Friday

Main Meals

- Fish Fingers with Chips
- Vegetable Burrito Wrap **Ve**
- Pasta with Tomato Sauce **Ve**

Vegetables

- Peas & Baked Beans **Ve**

Dessert

- Maryland Cookie **V**

Freshly Baked Bread:

- Garlic & Herb Bread **V** Wholemeal Bread **V**

Week 1:

19th April, 9th May, 6th June, 27th June, 18th July, 30th August, 19th September, 10th October, 31st October

Monday

Main Meals

- Pepperoni Pizza
- Margherita Pizza **V**
- Jacket Potato with Tuna Mayonnaise

Vegetables

- Sweetcorn **Ve** & Coleslaw **V**

Dessert

- Chocolate & Courgette Sponge **V**

Tuesday

Main Meals

- Chicken & Vegetable Casserole with Mashed Potato
- Root Vegetable & Bean Casserole with Mashed Potato **Ve**
- Wholegrain Pasta with Tomato Sauce **Ve**

Vegetables

- Cauliflower & Peas **Ve**

Dessert

- Oat & Cherry Cookie **Ve**

Wednesday

Main Meals

- Roast Chicken with Roast Potatoes & Gravy
- Roasted Quorn Fillet with Roast Potatoes & Gravy **V**
- Pasta with Cheese Sauce **V**

Vegetables

- Seasonal Greens & Carrots **Ve**

Dessert

- Banana Flapjack **Ve**

Thursday

Main Meals

- Beef Lasagne
- Vegetable Lasagne **V**
- Jacket Potato with Baked Beans **Ve**

Vegetables

- Broccoli & Sweetcorn **Ve**

Dessert

- Apple & Parsnip Sponge **V**

Friday

Main Meals

- Battered Fish with Chips
- Vegetable Goujon with Chips **Ve**
- Pasta with Roasted Tomato Sauce **Ve**

Vegetables

- Baked Beans & Peas **Ve**

Dessert

- Strawberry Jelly **Ve**

Freshly Baked Bread:

- Carrot & Thyme Bread **V** Wholemeal Bread **V**

Week 2:

25th April, 16th May, 13th June, 4th July, 5th September, 26th September, 17th October

Monday

Main Meals

- Ham & Leek Macaroni Cheese Bake
- Macaroni & Cheese **V**
- Jacket Potato with Baked Beans **Ve**

Vegetables

- Peas & Carrots **Ve**

Dessert

- Sticky Banana Bread **V**

Tuesday

Main Meals

- Chicken & Sweetcorn Meatballs with Tomato Sauce & Pasta
- Vegetable Moussaka **V**
- Jacket Potato with Salmon Mayonnaise **V**

Vegetables

- Cauliflower & Broccoli **Ve**

Dessert

- Chocolate Shortbread **Ve**

Wednesday

Main Meals

- Thyme Roast Chicken with Roast Potatoes & Gravy
- Roasted Ratatouille with Crumble **Ve**
- Wholegrain Pasta with Cheese Sauce **V**

Vegetables

- Seasonal Greens & Mashed Swede **Ve**

Dessert

- Mandarin Jelly **Ve**

Thursday

Main Meals

- Beef Burger in a Bun
- Homemade Vegan Burger in a Bun **Ve**
- Jacket Potato with Baked Beans **Ve**

Vegetables

- Sweetcorn **Ve** & Coleslaw **V**

Dessert

- Jammy Bread & Butter Pudding **V**

Friday

Main Meals

- Fish Fingers with Chips
- BBQ Vegetable Quesadilla **V**
- Pasta with Tomato Sauce **Ve**

Vegetables

- Baked Beans & Peas **Ve**

Dessert

- Chocolate Mousse **V**

Freshly Baked Bread:

- Tomato & Herb Bread **V** Wholemeal Bread **V**

Week 3:

3rd May, 23rd May, 20th June, 11th July, 12th September, 3rd October, 24th October

V - Suitable for vegetarians
Ve - Suitable for vegans & vegetarians

All products are subject to availability.

Pabulum Salad Bar

Children can help themselves to an unlimited selection of freshly prepared healthy salads. Our new salad bar features all of the children's favourites, is completely free of the 14 recognised allergens, is suitable for vegetarians and vegans and packed full of fibre and nutrients.

BM1 Perryfields
Available Every Day
Fresh Fruit Platter **Ve**

April 2022

pabulummm
HONESTLY GOOD FOOD