

# Let's see what's for lunch...

Week 1

Monday

Main Meals

Sausages with Crushed Potatoes & Gravy  
Vegan Sausages with Crushed Potatoes & Gravy  
Pasta with Tomato & Basil Sauce

Served With

Baked Beans & Peas

Dessert

Chocolate Brownie

Tuesday

Main Meals

Traditional Beef Lasagne  
Vegetable Lasagne  
Jacket Potato with Baked Beans

Served With

Sweetcorn & Broccoli

Dessert

Courgette & Oat Cookie

Wednesday

Main Meals

Roast Chicken Fillets with Gravy  
Vegetable Quiche  
Pasta with Tomato & Basil Sauce

Served With

Roast Potatoes, Seasonal Greens & Carrots

Dessert

Banana Flapjack

Thursday

Main Meals

Homemade Ham & Cheese Pizza with Baked Wedges  
Margherita Pizza with Baked Wedges  
Jacket Potato with Cheddar Cheese

Served With

Classic Coleslaw & Sweetcorn

Dessert

Apple & Parsnip Sponge

Friday

Main Meals

Fish Fingers, Chips & Ketchup  
Vegan Vegetable Fingers, Chips & Ketchup  
Pasta with Tomato & Basil Sauce

Served With

Baked Beans & Peas

Dessert

Fruit Jelly

Freshly Baked Bread:

Wholemeal Bread

Week 1: 2nd Jun, 23rd Jun, 14th Jul, 1st Sept, 22nd Sept, 13th Oct, 3rd Nov, 24th Nov, 15th Dec

Pabulum Salad Bar

Children can help themselves to an unlimited selection of freshly prepared healthy salads. Our new salad bar features all of the children's favourites, is completely free of the 14 recognised allergens, is suitable for vegetarians and vegans and packed full of fibre and nutrients.

Week 2

Monday

Main Meals

Beef Bolognaise with Penne Pasta  
Vegan Bolognaise with Penne Pasta  
Jacket Potato with Baked Beans

Served With

Cauliflower & Green Beans

Dessert

Maryland Cookie

Tuesday

Main Meals

Chilli Beef Tacos with Steamed Rice  
Vegetarian Chilli Tacos & Steamed Rice  
Pasta with Squash & Tomato Sauce

Served With

Carrots & Peas

Dessert

Carrot & Apple Flapjack

Wednesday

Main Meals

Honey Roast Gammon with Gravy  
Vegan Bombay Chickpea Burrito  
Pasta with Squash & Tomato Sauce

Served With

Roast Potatoes, Seasonal Greens & Carrots

Dessert

Banana & Cinnamon Sponge

Thursday

Main Meals

Homemade Pepperoni Pizza with Baked Wedges  
Margherita Pizza with Baked Wedges  
Jacket Potato with Cheddar Cheese

Served With

Broccoli & Sweetcorn

Dessert

Cherry Shortbread

Friday

Main Meals

Fish Fingers, Chips & Ketchup  
Vegan Vegetable Fingers, Chips & Ketchup  
Pasta with Squash & Tomato Sauce

Served With

Baked Beans & Peas

Dessert

Lemon Drizzle Cake

Freshly Baked Bread:

Wholemeal Bread

Week 2: 9th Jun, 30th Jun, 21st Jul, 8th Sept, 29th Sept, 20th Oct, 10th Nov, 1st Dec, 22nd Dec

Week 3

Monday

Main Meals

Chicken & Sweetcorn Pie topped with Sweet Potato Mash  
Macaroni & Cheese  
Pasta with Tomato & Vegetable Sauce

Served With

Classic Coleslaw & Sweetcorn

Dessert

Cinnamon Apple Crumble with Custard

Tuesday

Main Meals

Beef Meatballs in Roasted Tomato & Basil Sauce with Spaghetti  
Vegan Meatballs in Roasted Tomato & Basil Sauce with Spaghetti  
Jacket Potato with Baked Beans

Served With

Broccoli & Cauliflower

Dessert

Sultana & Oat Cookie

Wednesday

Main Meals

Slow Roast Beef & Root Vegetables with Gravy  
Vegan Country Vegetable & Bean Pie  
Pasta with Tomato & Vegetable Sauce

Served With

Roast Potatoes, Seasonal Greens & Carrots

Dessert

Fruit Jelly

Thursday

Main Meals

Homemade BBQ Chicken Pizza with Baked Wedges  
Margherita Pizza with Baked Wedges  
Jacket Potato with Salmon Mayonnaise or Baked Beans

Served With

Cauliflower & Roasted Carrots

Dessert

Orange Drizzle Cake

Friday

Main Meals

Fish Fingers, Chips & Ketchup  
Mexican Roasted Vegetable & Bean Quesadilla  
Wholewheat Pasta with Tomato & Vegetable Sauce

Served With

Baked Beans & Peas

Dessert

Chocolate & Courgette Rice Krispie Cake

Freshly Baked Bread:

Wholemeal Bread

Week 3: 16th Jun, 7th Jul, 28th Jul, 15th Sept, 6th Oct, 27th Oct, 17th Nov, 8th Dec



BM1Perryfields

June 2025

All products are subject to availability

**pabulummm**  
HONESTLY GOOD FOOD