

Menu Autumn Term 2018 (1st Half) starting w/c 3rd Sept 2018

Week: One

	Monday	Tuesday	Wednesday	Thursday	Friday
Main course	Meat Jacket Potato Day Toppings of Cheese, Beans, Tuna Mayo or Mild Chicken Curry	Spaghetti Bolognaise	Local Butcher's Roast Gammon with yorkshire pudding and gravy	Local Butchers Pork Sausage with Mashed Potato and Gravy	Birdseye Chunky Fish Finger
	Vegetarian See above vegetarian options	Quorn Mince Bolognaise	Cauliflower Cheese Bake	Linda McCartney Vegetarian Sausage	Vegetable Nuggets
Jacket Potato	See Above	with Grated Cheese or Baked Beans	with Baked Beans & Side Salad	with Tuna & Sweetcorn or Baked Beans	with Baked Beans
Side Dish		Garlic Bread Slices	Roast Potatoes	Mashed Potato	Chips
Vegetables	Salad Bar	Salad Bar	Fresh Carrots and Broccoli Florets	Cauliflower & Green Beans. Salad Bar	Peas & Baked Beans Salad Bar
Dessert	Fruit Crumble slice & Ice cream	Chocolate Brownie with Orange Smiles	Arctic Roll	Lemon Drizzle Cupcakes	Fresh Fruit Platter
Drinks	Water/Milk	Water/Milk	Water/Milk	Water/Milk	Water/Milk
Extra bread	Freshly Baked Wholemeal	Freshly Baked Wholemeal	Freshly Baked Wholemeal	Freshly Baked Wholemeal	Freshly Baked Wholemeal

Week: Two

	Monday	Tuesday	Wednesday	Thursday	Friday
Main course	Meat Slice of Pizza with choice of toppings - Cheese and Tomato (v), Pepperoni, or Ham and Pineapple	Tandoori Chicken Pieces	Local Butcher's Roast Turkey with yorkshire pudding and gravy	Pork Sausage Plait	Fish Squares
	Vegetarian See Above	Macaroni Cheese	Vegetable & Cheese Bake	Linda McCartney Vegetarian Sausage Plait	Quorn Burger In a Bun
Jacket Potato	with Baked Beans or Cheese	with Baked Beans & Cheese	with Baked Beans	with Tuna Mayo or Baked Beans	with Baked Beans or Tuna & Sweetcorn
Side Dish	Corn on the Cob	Rice & Naan Bread	Roast Potatoes	Crushed Potatoes	Chips
Vegetables	Salad Bar	Salad Bar	Fresh Carrots and Green Beans	Peas or Baked Beans & Salad Bar	Peas, Sweetcorn and Salad Bar
Dessert	Flapjack Squares	Chocolate & Banana Cake	Iced Smoothies	Jelly and Cream	Fresh Fruit Platter
Drinks	Water/Milk	Water/Milk	Water/Milk	Water/Milk	Water/Milk
Extra bread	Freshly Baked Wholemeal	Freshly Baked Wholemeal	Freshly Baked Wholemeal	Freshly Baked Wholemeal	Freshly Baked Wholemeal

Week: Three

	Monday	Tuesday	Wednesday	Thursday	Friday
Main course	Meat Rainbow Pasta Day with Cheese Sauce (v), Tomato & Basil Sauce (v), Tomato & Pepperoni Sauce	All Day Breakfast Pork Sausage, Bacon, Scrambled Egg	Local Butcher's Roast Chicken with yorkshire pudding and gravy	Minced Beef in a non spicy chilli con carne style tomato sauce	Oven Baked Crispy Fish Sticks
	Vegetarian See Above	Linda McCartney Vegetarian Sausages	Quorn Fillet	Quorn Mince	Quorn Dippers
Jacket Potato	with Grated Cheese or Baked Beans	with Tuna Mayo or Baked Beans	with Baked Beans & Side Salad	with Baked Beans or Tuna & Sweetcorn	with Baked Beans or Cheese
Side Dish	Warm Crusty Bread	Hash Browns	New Potatoes	White & Brown Rice and a Wrap on the side	Chips
Vegetables	Salad Bar	Mushrooms & Tomatoes	Fresh Carrots and Cauliflower	Salad Bar	Baked Beans Peas and Salad Bar
Dessert	Meringue nest with Peaches and Cream	Toffee Krispie Slice	100% Fruit Lolly	Chocolate Berry Cookies	Fresh Fruit Platter
Drinks	Water/Milk	Water/Milk	Water/Milk	Water/Milk	Water/Milk
Extra bread	Freshly Baked Wholemeal	Freshly Baked Wholemeal	Freshly Baked Wholemeal	Freshly Baked Wholemeal	Freshly Baked Wholemeal

Available everyday: Salad bar (except Wednesday, salad only with a Jacket Potato), Fresh Fruit, Muller Fruit Corner Yoghurt, Wholemeal Bread, Water or Milk.