

Let's see what's for lunch...

Week 1

Monday

Main Meals

Beef Bolognaise with Spaghetti
Vegan Bolognaise with Spaghetti
Baked Jackets with Grated Cheese

Served With

Peas & Broccoli
Dessert
Maryland Cookie

Tuesday

Main Meals

Chilli Con Carne with Steamed Rice
Vegan Bean Chilli with Steamed Rice
Pasta & Tomato Sauce

Served With

Carrots & Sweetcorn
Dessert
Apple Crumble with Custard

Wednesday

Main Meals

Roast Chicken with Diced Potatoes & Gravy
Vegetable Quiche with Diced Potatoes
Baked Jackets with Baked Beans

Served With

Seasonal Greens & Cauliflower
Dessert
Cherry Chocolate Cornflake Cake

Thursday

Main Meals

Ham & Cheese Pizza with Baked Wedges
Margherita Pizza with Baked Wedges
Pasta & Tomato Sauce

Served With

Broccoli & Carrots
Dessert
Chocolate & Pear Sponge

Friday

Main Meals

Breaded Fish Fingers with Chips & Ketchup
Vegan Goujons with Chips & Ketchup
Baked Jackets with Grated Cheese

Served With

Peas & Baked Beans
Dessert
Banana Flapjack

Freshly Baked Bread:

White Bread or Wholemeal Bread

Week 1:

1st January, 22nd January, 12th February, 4th March, 25th March,
15th April, 6th May

Pabulum Salad Bar

Children can help themselves to an unlimited selection of freshly prepared healthy salads. Our new salad bar features all of the children's favourites, is completely free of the 14 recognised allergens, is suitable for vegetarians and vegans and packed full of fibre and nutrients.

Available Every Day:
Fresh Fruit

Week 2

Monday

Main Meals

Pork Sausage with Mashed Potato & Gravy
Vegan Sausage with Mashed Potato & Gravy
Pasta & Tomato Sauce

Served With

Sweetcorn & Baked Beans
Dessert
Chocolate Rice Krispie Cake

Tuesday

Main Meals

Cottage Pie Topped with Mashed Potato
Cheese, Onion & Potato Turnover
Baked Jackets with Grated Cheese

Served With

Carrots & Broccoli
Dessert
Strawberry Jelly

Wednesday

Main Meals

Honey Roast Gammon with Roast Potatoes & Gravy
Bubble & Squeak with Roast Potatoes & Gravy
Wholewheat Pasta & Cheese Sauce

Served With

Seasonal Greens & Peas
Dessert
Vanilla Shortbread

Thursday

Main Meals

BBQ Chicken Pizza with Baked Wedges
Margherita Pizza with Baked Wedges
Baked Jackets with Baked Beans or Salmon Mayonnaise

Served With

Carrots & Sweetcorn
Dessert
Apple & Carrot Flapjack

Friday

Main Meals

Breaded Fish Fingers with Chips & Ketchup
Vegan Fajita Wrap with Chips & Ketchup
Pasta & Tomato Sauce

Served With

Peas & Baked Beans
Dessert
Lemon Drizzle Sponge

Freshly Baked Bread:

Garlic & Herb or Wholemeal Bread

Week 2:

8th January, 29th January, 19th February, 11th March, 1st April, 22nd April,
13th May

Week 3

Monday

Main Meals

Mild Chicken & Vegetable Curry with Steamed Rice
Vegan Vegetable Curry with Steamed Rice
Baked Jackets with Grated Cheese

Served With

Carrots & Broccoli
Dessert
Vanilla Shortbread

Tuesday

Main Meals

Traditional Beef Lasagne
Vegetable Lasagne
Pasta & Tomato Sauce

Served With

Sweetcorn & Carrots
Dessert
Carrot Cake

Wednesday

Main Meals

Herby Roast Chicken with Roast Potatoes & Gravy
3 Vegetable Mac n' Cheese
Baked Jackets with Baked Beans

Served With

Seasonal Greens & Broccoli
Dessert
Chocolate & Beetroot Brownie

Thursday

Main Meals

Ham & Cheese Pizza with Baked Wedges
Margherita Pizza with Baked Wedges
Pasta & Tomato Sauce

Served With

Cauliflower & Carrots
Dessert
Oat & Cherry Cookie

Friday

Main Meals

Breaded Fish Fingers with Chips & Ketchup
Vegan Goujons with Chips & Ketchup
Baked Jackets with Grated Cheese

Served With

Peas & Baked Beans
Dessert
Apple & Parsnip Cake

Freshly Baked Bread:

White Bread or Wholemeal Bread

Week 3:

15th January, 5th February, 26th February, 18th March, 8th April,
29th April, 20th May

PABULUM FRESH FOOD

Made Fresh Every Day

All our food is freshly prepared using seasonal produce from local suppliers. We are proud to always cook from scratch.

BM1 Perryfields
Jan 2024

All products are subject to availability

pabulummm
HONESTLY GOOD FOOD